

THE Link



United
Methodist
Women
FAITH · HOPE · LOVE IN ACTION

THE ORGANIZED UNIT OF UNITED METHODIST WOMEN SHALL BE A COMMUNITY OF WOMEN WHOSE PURPOSE IS TO KNOW GOD AND TO EXPERIENCE FREEDOM AS WHOLE PERSONS THROUGH JESUS CHRIST; TO DEVELOP A CREATIVE, SUPPORTIVE FELLOWSHIP; TO EXPAND CONCEPTS OF MISSION THROUGH PARTICIPATION IN THE GLOBAL MINISTRIES OF THE CHURCH.

VA CONFERENCE UMW NEWSLETTER *THE LINK*

February 2019

Pray for General Conference February 23—26

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2019 United Methodist Women Press Releases and Action Alerts. Visit UnitedMethodistWomen.org for more information.

[Payday Lending](#)

[The Poor People's Campaign](#)

[Deciding a Way Forward](#)

[Help Interrupt School to Prison Pipeline with Black Lives Matter at School Week Action](#)

[United Methodist Women Remembers Parkland School Shooting Victims and Communities Traumatized by Gun Violence](#)

Sunday: Pray for The United Methodist Church, for its lay members, clergy members, fellowship, discipleship and leadership work. Pray that we would ground our feet firmly in hope. Pray also for the future work of the church.

Monday: Pray for the delegates. The responsibility they carry can feel heavy, and the emotions they are feeling and receiving can take a toll. Pray for their resilience and openness to the Holy Spirit, who speaks even when we are in "self-protection mode" but to whom are most receptive when our hearts are open and we are hope-filled.

Tuesday: Pray for all who will be presiding and leading during the session and for the staff who will be serving. Their clarity and wisdom make a big difference in the kind of conversation that the delegates are able to have and whether the delegates have confidence in the processes surrounding their work.

Wednesday: Pray for the outreach and mission service of The United Methodist Church and how this will be enhanced by the structures and directions set by the special session. Pray for the ministry of congregations, conferences and agencies serving people in need around the world. The Prayer Calendar is a great resource to be reminded of some of these.

Thursday: Pray for the education ministry of the church and the ways that this equips us to engage in a future full of possibilities. Pray for the students and faculty that we support through scholarships, student ministries and publishing. Pray for the tutoring work of congregations and national mission institutions, for secondary schools, colleges, universities and seminaries who are also dealing with uncertainty about how they will connect with the church in the future.

Friday: Pray for all the justice ministries of the church and for how these will be strengthened by the work of the special session. Pray for the work to address policies that marginalize and patterns that demean. Pray for our relationships with ecumenical partners and persons engaged locally, regionally, nationally and globally in God's love and the vision of justice we are called to lift up. Pray for a commitment to hope that shapes our engagement with a fractured but beautiful world.

Saturday: Pray for all of us across the church who are charged with the stewardship of the resources entrusted to us and how our hope, rooted in faith, shapes our use of these resources of time, commitment, effort and finances so that we might give neither too much nor too little regard to the potential of these gifts and our responsibility to use them well.



Kathleen Barry



Social Action

Karen McElfish

Hello Sisters in Christ!

A Way Forward

In just a week the called Special General Conference will begin meeting in St Louis. I know many of you have reviewed materials about the issues to be addressed by the General Conference and have been in prayer already. I ask that you continue to read and learn about the issues, be in dialogue and most importantly continue to pray for the delegates and the work soon at hand.

I have included links to up to date information and ask that you review, and most importantly send this information on to your local units. We want as many of our UMW sisters informed as we can. Encourage members to reach out to our delegates. And be in prayer!

Thank you for the important work you do!

Links:

<https://www.vaumc.org/GC2019>

<https://www.unitedmethodistwomen.org/news/40-days-of-prayer-for-general-conference>

<http://www.umc.org/topics/general-conference-2019-special-session>

<https://www.umnews.org/en/category/general-conference>

Social Action

I am your new Social Action Coordinator. In this article I'd like to tell you a bit about me, and then let you know about several important items. I am your immediate past Conference Vice President. Prior to coming onto the Conference Mission Team, I served as Arlington District Social Action Coordinator, and then District President. I feel one of the ways we can be in mission is to advocate for the least and the last. Social Justice has been a strength of United Methodist Women since its founding, and I hope to be a part of that continuing work!

Part of that work for us in the Virginia Conference happens at United Methodist Day at General Assembly, which was held on January 31. It was a bitterly cold day, which unfortunately affected our numbers. But those who attended felt the day was a great success. We met at Bon Air for a delicious breakfast prepared by the United Methodist Men, heard a few welcoming remarks and boarded the

buses for the Capitol. The Conference Legislative Network team had set up appointments with senators who had at least 2 constituents attending, as several delegated who had multiple constituents. We were grouped with guides according to these appointments, and were encouraged as a group to go to our delegates offices to arrange to meet either the delegate or the legislative aide. Many of us had very good conversations with both senators and delegates. We advocated for issues including wage theft and fully refundable earned income tax credits, both issues which impact low income families. We promoted good access to healthcare and women's health issues. After what many felt was one of the best organized mornings at General Assembly, we returned to Bon Air for lunch and information sessions given by staff members of Virginia Interfaith Center for Public Policy and Virginia Interfaith Power and Light on how we can continue to advocate for issues we support. Be informed about what bills are being considered. Write or call your legislator to state your support or opposition. Attend events held by your legislator in your district. Meet with your legislator after session, especially in early Fall, to encourage new legislation. These are some of the ways you can advocate for issues of importance and be in mission! And of course consider attending next year's United Methodist Day at General Assembly!

Every 4 years United Methodist Women National Office selects priority issues for Social Action work. Those priority issues include: **Climate Justice**, **Economic Inequality**, **Mass Incarceration of People of Color** and **Maternal & Child Health**. We are encouraged to learn about the issues, but to pick one or two in which to go more in depth. Study the issue, educate our members, and plan actions. Expect to work on the issue for several years. Many of you are working in these areas already. Wonderful! Continue your work. For those of you looking for new studies or mission, read and learn about the issues and choose one you can pursue long term as a unit or circle. There is much information on the United Methodist Women website to help you in your work. (<https://www.unitedmethodistwomen.org/issues>) In future articles, I will focus on each of these, and there will be opportunity at our Conference events to delve deeper.

I look forward to working with you these next few years, putting Faith, Hope and Love in Action!



Social Action

Karen McElfish

The Legacy Fund

Happy Birthday, United Methodist Women! 150 years! I encourage everyone to celebrate at each and every event you hold this year! Our actual anniversary date, March 23 will be a Day of Giving for the Legacy Fund. For those who can join, there will be a celebration "150 Years and Counting" at Boston University, not far from Tremont Street, where our foremothers met on that fateful night in 1869. Perhaps throw a birthday party at a district or church event. Use the program book "Sisterhood of Grace" filled with programs honoring our 150 year history. Come join us at Conference events such as the Spiritual Life Retreat, or Mission Encounter, with special emphasis on our 150 years of mission on behalf of women, children and youth. And put Annual Meeting on your calendar for October 26, at Reveille UMC in Richmond, where we will celebrate together with Harriett Jane Olson, who will be our keynote speaker! Lots of fun planned for this special year!

Our Legacy challenges this quarter include:

February - donate \$1.50 for every Valentine's Day card you send, honoring the people you love.

March - give to the Day of Giving.

April - donate \$1.50 for every rainy day, nourishing us for continued growth.

Happy Birthday, United Methodist Women! 150 years strong!



SAVE THE DATE
Join us in celebrating the 150th anniversary of United Methodist Women with a special Day of Giving on Saturday March 23, 2019!

Day of Giving | March 23, 2019
unitedmethodistwomen.org/legacyfund



WAYS TO GIVE:

- **Online at:** unitedmethodistwomen.org/legacyfund
- **By phone:** 800-278-7771 (8 a.m. to 5 p.m. EST, Monday-Friday and Saturday March 23).
- **Text:** 41444 and enter Legacy150 in the message area.
- **By check to:** United Methodist Women
Attn: Development, Legacy Fund
475 Riverside Drive, 15th Floor
New York, NY 10115
Write "Day of Giving" in the memo section.
- **On Day of Giving—March 23, 2019—** let us honor our foremothers by giving to the Legacy Fund to ensure United Methodist Women can continue serving women, children and youth around the world for the next 150 years. Generous donors have already committed to matching a portion of our gifts received on Day of Giving. **Together, we are building our legacy!**



President

Mary Jane Rawley



**Vice-
President**

Nancy Walsh

United Methodist Women has been transformational in my life, and in my faith journey. I am so blessed to be part of this amazing sisterhood, and part of the incredible mission work that we support and engage around the world.

Our program book theme “Sisterhood of Grace” is perfect since March 23, 2019 marks our 150th year of women in mission. This year we will celebrate our strong foundation as UMW and prepare for the next 150 years so our daughters, granddaughters, nieces and sisters in Christ can continue our legacy of faith, hope and love in action. There is something about sisterhood that always intrigues me. When I think of sisterhood I always think of our United Methodist Women sisters – the ones we serve beside in our units, districts or even on the conference mission team. We may not be blood kin but we share a sisterhood of mission through our work with United Methodist Women. I recently purchased a bible study by Natalie Snapp called “Becoming Heart Sisters”. As I read and study through this study, I am reminded God created us for relationship but sometimes those relationships are easy and other times not so much. I pray 2019 is a wonderful year where we can celebrate with our sisters across the state at our Spiritual Life Retreat, Mission Encounter, Young Women’s Event, and Annual Meeting. I look forward to our time together in 2019!

Blessings,

Mary Jane Rawley
President

2019

With a new year are new beginnings. My UMW hat has changed, but my heart is still full for United Methodist Women. My hope is that your heart is full also, full of remembrance of our legacy, full of from whence we came, full of inspiration of the work of Christ we do, full of our companionship, full of our continuation, all in the name of Jesus Christ.

Yes, this is the much anticipated 150th year of our organization. What are you doing to celebrate? Are you intentionally seeking new members? Are you enjoying a birthday cake? Are you contributing \$1.50 here and there to enhance the Legacy Fund so that what we do continues for the next 150 years, or have you made a substantial contribution to the Legacy Fund for our continuation? Are you celebrating with a United Methodist Women’s Sunday at which you celebrate with your entire congregation? Are you visibly identifying your members so that all of your church knows who you are? You are creative; think of your own special ways of remembering who you are.

United Methodist Women is our organization. It is us working together for women, children and youth. Who else could do it better? We are strong; we are committed. We are the hands and feet and voice of Christ.

When women thrive, we all thrive.

Nancy Walsh
Vice President



Secretary

Dottie Thompson

SHALOM Ladies,
I am honored to be your new Virginia Conference Secretary for United Methodist Women and look forward to working with you and meeting you! A sincere THANK YOU to Ann Shappell for her years of serving, and I appreciate her patience with me in my learning curve filling the position.

My thoughts today are from Sally to Charlie Brown in a Peanuts cartoon:
"I've decided to try to be a better person.... But not right away of course.... Maybe in a few days from now."

How many of us say we will start eating healthier on Monday? Or taking time to send a note to that elderly neighbor or dropping by the nursing home for a visit? Or spending an extra few moments with a child today reading a story? Or starting (again) reading our Bible faithfully everyday and taking the time to pray fervently? Let us make that day TODAY and not put off till tomorrow what we can do today and make a difference right in our own lives!
For this is the day the LORD hath made, let us REJOICE and be glad in it!

You can contact me at datgirl1019@gmail.com or my cell (757)675-8958.

Be a BLESSING!
Dottie

From UMW LDD training 2019



Nominations



Nancy Yarborough

Hello friends!! Happy New Year!!
The days seem to be so busy and now that we are close to the end of the first month of the New Year we are all filled with joyful anticipation as to what the year may hold for us. One thing I know for sure is that God is in control and we are safe in that care. I'm getting ready to go back to Cambodia/Philippines from February 3rd through March 4th. Many prayers would be appreciated for health and safe return.

The nominations committee continues to gather names and be vigilant in finding the best leaders for our beloved Virginia Conference United Methodist Women.... and we do have the best. Please remember to inform someone on the committee or the chair if you know of outstanding leadership in your District.

Peace and Blessings to you all
Nancy Yarborough
CON chair



Treasurer

Linda Borrer

I am beginning my third year as your Conference Treasurer and have enjoyed the opportunity to work with the District Treasurers who do a fantastic job. I thank those District Treasurers who have served their term well, and welcome their replacements. Mission Giving money sent to the United Methodist Women, Inc. for 2018 was \$574,170.64, meeting 84% of our VA Conference Pledge. Eight districts met or exceeded their pledge to mission giving for 2018. They were: Charlottesville, Eastern Shore, Farmville, Harrisonburg, James River, Rappahannock River, Winchester and York River. **Congratulations!**

Now is the time to become a Rainbow Woman for \$60.00 which is a second mile giving an individual can do and qualify your unit as a five star status in Mission Giving. However, this should be in addition to units becoming a five or six star unit. The form along with your check is given to your unit treasurer who passes it on to her District Treasurer. Forms can be obtained from your District Treasurer or online at vaumw.org.

Scholarship information and the application are available in this newsletter giving information about the eligible scholarships due by the deadline date of March 1, 2019. The information is sent to the Conference Treasurer (Linda Borrer). Please see if there are individuals/projects in your area that would qualify for the Jean Frances Craig/Agnes C. Burr Mission Fund and the Lucy Clyde Blanton Scholarship Fund.

As we go forward in this New Year, our prayers are that our pledge to Mission Giving will make a better life for women, children and youth somewhere in this world.

Blessings,
Linda Borrer,
Conference Treasurer
540-868-1497; linda.borrer1@gmail.com;
540-664-5915

Spiritual Growth



Melissa White

I have just returned home from an excellent adventure! I had the privilege and JOY of attending Leadership Development Days in Tempe, Arizona for three fantastic days along with six other beloved sisters of our Virginia Conference Mission Team! I kept pinching myself the whole time because I am NOT a wide traveler...hadn't flown in an airplane since 2004! (Do you know how amazing it is to look down on all the jagged peaks and the gray and beige landscape around Phoenix? You probably do...I didn't...WOW!) Let me tell you...the National Leadership of our organization are so terrific! I think they are Visionaries! Our worship, our times of praise and singing, our training and workshops (all planned around our Purpose and helping us "understand why our faith compels us to get involved in service and advocacy"....), were all so inspirational and exciting! As I "wax eternal" about my experience, I encourage you to take every opportunity at your local, district, conference, and national levels to participate with other United Methodist Women in the opportunities for spiritual growth, transformative Christian education and service to others!

I hope you have or will put on your calendar our annual Spiritual Life Retreat to be held again this year at Eagle Eyrie Baptist Conference Center in Lynchburg, VA, May 3 – 5, 2019. You will find the registration form in this issue of [The Link](#). Our speaker is Rev. Dawn-Marie Singleton, pastor at Oakton United Methodist Church. We will be having "**A Second Cup of Tea with Jesus**" with Dawn-Marie and with each other! As I am typing this at my computer, I have been enjoying a delicious cup of the "Richmond Blend" Rostov tea given to me (in a most special blue & white tea caddy) by my daughter-in-law this past Christmas. A really good cup of tea always refreshes...and I'm sure that is what our retreat will do for each of us this spring! The locale we will enjoy will remind us to...

"lift up *our* eyes to the hills—
from where will *our* help come? *Our* help comes from
the LORD,
who made heaven and earth...." *Psalm 122: 1 – 2.*

As is our tradition, we will have on Saturday afternoon about an hour for several Focus Groups. I would love us to offer a chair yoga session...if you have a suggestion for a creative or reflective small group YOU would like to lead, please let me know! (Email me at mel49white@yahoo.com; or by phone - 757-898-1861)

Grace, peace and love to each of you,
Melissa White

Virginia Conference United Methodist Women Scholarships

Scholarship funds listed below are offered by the United Methodist Women and are available to women and youth who would like to apply by the **deadline date**. Applications are available from your District President/Treasurer, Conference Treasurer and online at vaumw.org

Jean Frances Craig/Agnes C. Burr Mission Fund, established 1998 and 2007

It is stipulated that the income shall be used for missionary projects at home and abroad. Written application for grants must be submitted to the Conference Treasurer by **March 1** and shall include the following information: name and nature of the project, amount requested and how it shall be used, name of person or institution requesting the grant, and complete contact information.

Recommendations shall be submitted by the Finance Committee to the Executive Committee for approval.

The Lucy Clyde Blanton Scholarship Fund established 2006

It is stipulated by the donor that the income shall be used to assist students preparing to become nurses or missionaries. Written application for scholarship must be submitted to the Conference Treasurer by **March 1** and shall include the following information: name and nature of the request, amount requested and how it shall be used, name of person or institution requesting the scholarship and complete contact information.

Recommendations shall be submitted by the Finance Committee to the Executive Committee for approval.

Katherine Kyle Memorial Scholarship Fund established 1993

This scholarship is awarded annually to a woman or youth for scholarship assistance for school tuition, short-term mission work or other as recommended by the Finance Committee and approved by the Executive Committee preceding the Annual Meeting. Application forms are available from the district president and must be submitted to the Conference Treasurer by **October 1**.

Carroll Palmer Estate Fund established 1984

It is stipulated that the income shall be used ½ for needy children and that ½ be used for educational materials (scripture portions, bibles, etc. in India and elsewhere where the need is greatest.)

Written applications for grants must be submitted to the Conference Treasurer **by October 1** and shall include the following information: name and nature of the project, amount requested and how it shall be used, name of person or institution requesting the grant, and complete contact information.

Recommendations shall be submitted by the Finance Committee to the Executive committee for approval.

Linda Borrer

VA Conference UMW Treasurer

849 Grim Road, Stephens City, VA. 22655

Linda.borrer1@gmail.com

(540) 868-1497 or cell (540) 664-5912

Virginia Conference United Methodist Women
(Name of Scholarship) _____
Application Form

This scholarship assistance is awarded annually (when money is available) to an applicant for school tuition, short-term mission work, mission projects, etc. or other help as approved by the Executive Committee.

(See attached criteria for each scholarship.)

Applications forms are available from the district president or conference treasurer and must be submitted to the Conference Treasurer by **March 1, 2019**

Date: _____

Name: _____

Address: _____

Phone Number _____

Email address: _____

College/Seminary/or Project: Name and Address: _____

Church Activities: _____

Future Plans: _____

Special Interest: _____

Amount Requested: _____

Please attach separate sheet with additional information explaining how this amount will be used within the purview of the scholarship.

Recommended by _____

(Attach written recommendation)

Phone number _____

Address _____

Return to: Linda Borrer, Treasurer
Virginia Conference United Methodist Women
849 Grim Road
Stephens City, Virginia 22655
Email: linda.borrer1@gmail.com



Mission Education & Interpretation

Brenda NeSmith

“Lord, we give thanks for your love, it floods us, it fills us with hope and new strength every day.”

This is one of the prayers featured in the 2019 Prayer Calendar, “Prayers from Around the World,” offered by Sara Flores, Global Missionary from Bolivia serving in Ecuador.

The Prayer Calendar is a jewel of a resource for United Methodist Women. When I obtained the one for 2019, I sat down to thumb through it and couldn't put it down. The 2019 Prayer Calendar is very special because this is our benchmark year of celebrating two great anniversaries: the 150th Anniversary of United Methodist Women, noted March 23rd on the calendar, and the 200th Anniversary of the General Board of Global Ministries, noted on April 5th. Harriet Jane Olson, General Secretary of UMW and Thomas Kemper, General Secretary, General Board of Global Ministries comment on these celebrations. Happy Birthday to both mission organizations!!

As in the past, the Calendar features children's artwork, provided by mission partners of the United Methodist Church and the United Methodist Women. The majority of the children's artwork suggests peace and hope, but several reflect environmental situations such as homelessness and war. Looking at the artwork brings joy to me, knowing that the children in these mission settings are nurtured and loved. By the way, there are several entries from Henry Fork Service Center, Rocky Mount, served by Church and Community Worker, Lisa Nichols.

There are other important features of the Prayer Calendar that space will not allow me to mention. Suffice it to say, there are a variety of ways that the Calendar can be used personally or for group use.

“Living Into Our Purpose” encourages the use of the Prayer Calendar for meetings: Section #2b – “Have at least one Prayer Calendar which can be used at each local organization meeting to pray for mission workers and mission projects for women, children and youth.”

You may obtain the “Living Into Our Purpose” Form, 1 September 2018-31 August 2019,” from your District Coordinator of Education and Interpretation (E&I). It is also available from the UMW Conference Website in two forms: WORD, and in PDF which is fillable for you to send electronically to your District E and I. If all else fails, contact me.

Our beloved Prayer Calendar is a comprehensive, up to date, inspiring, informational and communication tool that ties our great family of mission together. It's not too late to get a copy from UMW Mission Resources or Cokesbury. I leave you with the very first Mission Witness in the Calendar for January, provided by Grace Musuka, United Methodist Women Regional Missionary, Central Africa:

“God went ahead of United Methodist Women 150 years ago and Global Ministries 200 years ago. Great works of mission were accomplished. Today, we celebrate God's mission through 'missionaries from everywhere to everywhere.' To God be the Glory!”

Brenda NeSmith,
Coordinator for Education and Interpretation





Membership Nurture and Outreach

Marlene Dakita

I am your new coordinator for Membership Nurture and Outreach (MN&O). I live in Alexandria and look forward to serving all of you in the Virginia Conference. I plan to stay in contact with the district MN&O coordinators to help each other in nurturing membership growth, encouraging submission of the 2018 census by all local units, promoting the Young Women's Event in September, and providing whatever resources to help in strengthening the membership of the UMW.

United Methodist Women Census 2018 - Local unit presidents or the coordinators for Membership Nurture and Outreach are asked to complete the 2018 United Methodist Women census. In addition to membership numbers as of January 1, 2019, this year the census is focused on gathering information that will inform the National office, Conference and District leadership on local efforts in order to plan for growth, outreach and impact.

The census submission deadline for the National office to receive it is **Saturday, March 30**. The instructions as well as the form are online at www.unitedmethodistwomen.org. Click on the icon for "Census 2018." There is an instructional video with the census form below it. When you click "Submit" at the end of the census, a "Thank you" will immediately pop up. If it doesn't, please go back through the report to find any error messages.

The printed instructions with the census questions which you can use as a worksheet will be posted on the vaumw.com website.

District MN&Os have been asked to send the request to complete the census to the units in their districts. Each district may check with you by the end of February or first of March to ensure that units are on track or whether there are any questions. If a local unit is not able to submit the census online, they should complete a printed draft copy and send to their MN&O coordinator or president who will submit the information online.

The United Methodist Women will never share contact information outside the organization without permission.

Young Women's Event – Please encourage young women ages 18-40 to plan to attend this event September 13-14 at Camp Overlook in Keezletown. "Save the Date" information on this event is at www.vaumw.com.

Marlene Dakita
MN&O Coordinator
mdakita@comcast.net
703-244-4524

Program Resources



Jeanette Yoh

Hope everyone is enjoying their winter and staying safe from the cold! Changes are in the air (but have something to do with the polar vortex) that I need to pass on. Mission Resources is no longer stocking books for sale. They will be selling their leftover inventory and then we will be expected to get our books from other sources, such as Amazon. Mission Resources will still publish a yearly list of books and they will still stock prayer calendars, program books and Mission Encounter Study books.

So what does all of this mean to you? A little planning will be required. I will order a larger number of Program Books and Prayer Calendars for Annual Meeting but to ensure you get one you will need to preorder with me by September 15th. Mission Encounter books will be available at our Spring Retreat Conference but if you want to pick up at Mission Encounter you will need to order from me by July 10th. These changes are due to no longer getting books on consignment and having the capability to return items not sold. New policy - anything we order is ours, there are no returns and we will start paying shipping charges on all orders.

One last note — the Lending Library is going strong. We have all the current and past books in stock. If interested email me jeanette.yoh@gmail.com or 757-871-1459.



Rev. Dawn-Marie Singleton, Retreat Leader

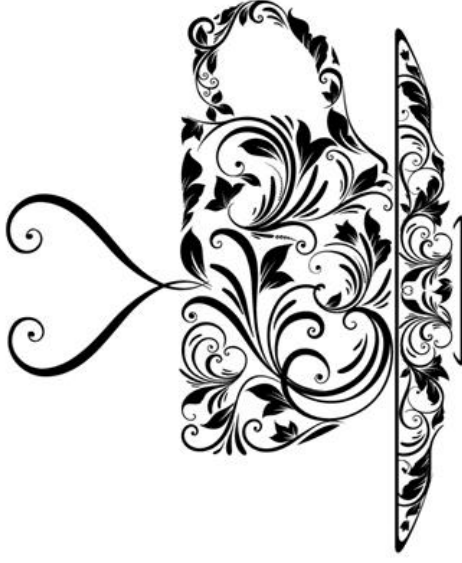
Rev. Dawn-Marie Singleton is the Pastor of Oakton United Methodist Church in Oakton, Virginia. She is an ordained elder of the Virginia Annual Conference and has served churches in the Alexandria, Winchester, (former) Portsmouth, Harrisonburg and Arlington districts. She graduated with her BA in English from Atlantic Christian College, now Barton College, in 1990. She received her Masters of Divinity degree from Duke Divinity School, Duke University in 1994. She has a daughter, Sarah-Grace, whom she adopted from Russia in 2008. Dawn-Marie enjoys scrapbooking, writing, swimming and reading. Her favorite past-time is spending time with daughter.

Mission Emphasis for Retreat: Wesley Community Service Center in Portsmouth, the only national United Methodist Women project in VA, needs **gift cards** in any amount from **Food Lion or Walmart**. The cards allow the Center to offer assistance for food or pharmacy items. Please bring a gift card(s) to the retreat.

Other items to bring to retreat: Bible, pen/pencil, paper, appropriate clothing for warmth or coolness, umbrella, comfortable shoes, and cash or checks for offering/ice cream social and the LOGO ITEMS.

Note: Lodging is in the Cedar Crest hotel and Voight Center. See the website at <http://eagleeyre.org/accommodations>.

SPIRITUAL LIFE RETREAT
May 3 – 5, 2019



A Second Cup of Tea
With Jesus

Retreat Leader:
Rev. Dawn Marie Singleton

Eagle Eyre Baptist Conference Center
1 Eagle Drive
Lynchburg, VA 24503
434-384-2211

VIRGINIA CONFERENCE UNITED
METHODIST WOMEN

**Virginia Conference United Methodist Women
Spiritual Life Retreat
May 3 – 5, 2019**

Name _____
 Street _____
 City _____ State _____ Zip _____
 Church _____ District _____
 Phone _____ Email _____
 Roommate(s) _____
 Teens: Age ____ Grade ____ Parent's name _____
 Are you a Young Woman (age 18-40)? Yes ____ No ____
 Are you a first timer? Yes ____ No ____
 Any condition requiring special room assignment, diet, etc.? _____

Overnight Attendance: please check-in when you will arrive;
 linens, soap, TP provided
 _____ Friday through Sunday (with Friday dinner) \$195.00
 _____ Friday through Sunday (without Friday dinner) \$184.00
 _____ Saturday (Sat. lunch at 12:30 - Sunday lunch) \$175.00
 _____ *Private rooms limited, requests on first come, first serve basis*
 Total for **Overnight registration** remitted \$ _____

NOTE: ABOVE PRICES DO INCLUDE ROOM, MEALS, AND \$20.00 REGISTRATION FEE.

Day Attendees: \$20 registration fee **plus cost of meals;**
 participation begins upon arrival
 _____ Friday dinner \$11.00 _____ Saturday lunch \$10.00
 _____ Saturday dinner \$11.00 _____ Sunday breakfast \$9.00
 _____ Sunday lunch \$10.00
 Total for **Day registration** remitted \$ _____

Mail registration form and check for the total amount, payable to Virginia Conference United Methodist Women, to the registrar:
Joyce Winston: 2411 E Pembroke Ave., Hampton, VA 23664-1243,
 757-851-6897, buckrowbeach@gmail.com

Registration deadline: April 24, 2019

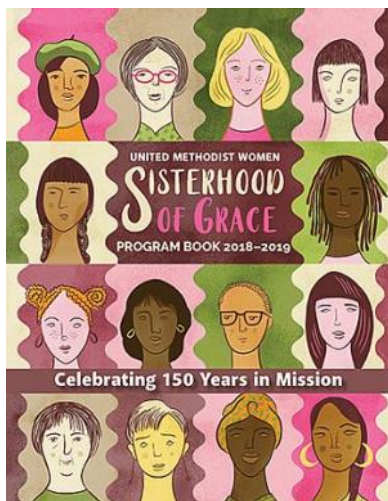
The Retreat Program begins officially on Saturday at 10:00 a.m., with the option of arriving Friday afternoon or evening, and ends with lunch on Sunday. There will be two offering opportunities, one Saturday and one Sunday. Dress will be casual. Bring your favorite snacks. There are vending machines for soft drinks.

May 3 – 5, 2019 Spiritual Life Retreat TENTATIVE Schedule

<u>Friday evening</u>	
4:00 to 7:00 p.m.	Registration (maps available)
4:00 to 6:00 p.m.	Get settled, explore & relax!
6:00 p.m.	Dinner, English Hall
7:15 p.m.	Small Group Leaders meeting
8:30 p.m.	Vespers, Dogwood Hall
<u>Saturday morning</u>	
7:30 a.m.	Devotions,
8:00 a.m.	Breakfast, English Hall
9:00-9:45	Free Time, Registration (maps available)
9:45 a.m.	Musical Praise, Dogwood Hall
10:00 to 11:00 a.m.	Session I
11:15 to 12:15 p.m.	Small Group I
<u>Saturday afternoon</u>	
12:30 to 1:30 p.m.	Lunch
1:45 to 2:30 p.m.	Focus Groups
	Free Time
2:45 p.m.	Musical Praise, Dogwood Hall
3:00 to 4:00 p.m.	Session 2
4:15 to 5:15 p.m.	Small Group 2
<u>Saturday evening</u>	
6:00 to 7:00p.m.	Dinner, English Hall
7:15 p.m.	Musical Praise, Dogwood Hall
7:15 to 8:30 p.m.	Session 3
8:35 p.m.	TBD
9:00 p.m.	Ice Cream Social
<u>Sunday morning</u>	
7:30 a.m.	Devotions, Dogwood Hall
8:00 a.m.	Breakfast, English Hall, and packing
9:00 to 10:00 a.m.	Session 4
10:15 to 11:00 a.m.	Small Group 4
11:15	Musical Praise, Dogwood Hall
11:30 a.m.	Worship and communion
12:30 p.m.	Lunch/Depart

Virginia Conference United Methodist Women 2019 Calendar

March 28	Mission Team Meeting, Harrisonburg
March 29-30	Executive Committee Meeting, Harrisonburg
May 3-5	Spiritual Life Retreat, Eagle Eyrie
June 1	UMW Day at Ferrum College
June 21	UMW Breakfast at Annual Conference, Roanoke
July 26-28	Mission Encounter, Smith Mountain Lake 4H Center
September 13-14	Young Women's Event, Camp Overlook, Keezletown
October 5	Budget Meeting, UM Center, Glen Allen
October 24-25	Mission Team and Executive Committee Meetings, Reveille UMC, Richmond
October 26	47th Annual Meeting, Reveille UMC, Richmond



CONTACT INFORMATION



VIRGINIA CONFERENCE MISSION TEAM 2019

<p>President Mary Jane Rawley (540)828-2436 dwwalley@msn.com</p>	<p>Spiritual Growth Coordinator Melissa White (757)898-1861 mel49white@yahoo.com</p>
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