



Mission Tapestry

Arlington District United Methodist Women

Vol. XXXVIII, No. II

April 2017

PURPOSE of the United Methodist Women

The organized unit of UNITED METHODIST WOMEN shall be a community of women whose PURPOSE is to know GOD and to experience FREEDOM as whole persons through JESUS CHRIST; to develop a creative, supportive FELLOWSHIP; and to expand CONCEPTS OF MISSION through participation in the global ministries of the church.

The Mission Tapestry is a publication of the Arlington District United Methodist Women. Its goal is to keep units at the local/ congregation level informed about opportunities for living out our PURPOSE. It is published quarterly—January, April, July, and October.

Articles for publication are welcome and should be directed to ArlingtonDistrictUMW@gmail.com by the 1st of the publication month.

Check out our website at www.ArlingtonDistrictUMW.org

District President's Message

Dear Sisters in Christ,

Spring is on the way, things are warming up, the days are sunnier, and we are looking forward to the promise of spring and Easter. It is also when things get moving for United Methodist Women.

I just attended the Conference UMW Executive Committee meeting held March 31–April 1, in Waynesboro, Va. As a new District President there are a lot of new things to learn. I did a bit of, yes, I **knew that and no, I didn't know** that. So I would like to help keep you informed as I learn more about being your District President.

I am sure you know about The Legacy Fund and the fact that UMW will be 150 years old in 2019. The big news is that Harriett Jane Olson, General Secretary, United Methodist Women will be speaking at the Virginia Conference UMW Annual Meeting in 2019. I know it seems a long way off but it will be here before we know it.

I don't know how many of you go to Annual Conference in June, but did you know there is a UMW breakfast? It is June 17, 6:45am at the conference center and tickets are \$20.00. Please let me know if you want to go. Rev.

Seonyoung Kim will be the speaker.

We are supposed to be having a Response Moment at our unit Executive meetings. Ask someone to lift up an article, prayer or facts from the magazine. The Prayer at **the back of this month's issue is a** covenant prayer.

We have registration forms for Mission Encounter and they will be available at the Spring Prayer Breakfast, April 22, at Vale UMC.

John Hatcher, Director of Wesley Community Service Center in Portsmouth, Virginia, is being given the First Citizen of Portsmouth Award. Congratulations John! As most of you know it is the only UMW National Mission Project in Virginia.

As with any new job there is a learning curve. I look forward to you sharing the knowledge and wisdom you have with me.

Blessings,
Doris Douglass

Upcoming Events

April 22—Spring Prayer Breakfast at Vale UMC

April 28-30—Conference Spiritual Life Retreat at 4-H Center

May 20—Bi-District Day Apart at Friendship UMC

Secretary

Janet Keener

Blessings

COUNT THEM ONE BY ONE

Dear Sisters,

I sit here counting my blessings.

What an interesting winter this has been! We enjoyed warm sunny days during February. Then March brought us the snow we expected earlier in the year! Now we again have beautiful sunny days from our awesome God.

Meanwhile, our family enjoys the arrival of our second grandchild. Luke entered the world on March 13th. Luke and his big sister, Aria, are such blessings to us.

Other blessings include the Arlington District Spiritual Life Retreat at Front Royal. Rev. Seonyoung Kim was very inspiring while sharing her own spiritual journey. Now we can look forward to our District Prayer Breakfast on April 22nd hosted by Vale UMW and the Bi-District Day Apart on May 20th at Friendship UMC. In between we have the Virginia Conference Spiritual Life Retreat the last weekend of April at Front Royal! Be sure to mark your calendars!

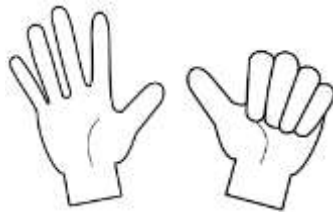
What a joy and blessing to wake up each morning and look forward to time with our Lord and His many gifts!

God Bless,

Janet

janet_keener@cox.net

703-281-7685



Treasurer

Frances Ellis

Your Mission Giving at Work – 9/22/2016

One of the organizations that United Methodist Women - and your Mission Giving - supports is MADRE.

MADRE partners with grassroots women's groups worldwide, and works with local populations that United Methodist Women on its own could never reach. The organization partners especially with groups that help women and children who are facing war, disaster and their aftermath.

We received a report from MADRE, telling us about the work the organization has been doing this year. It includes providing shelters in war-torn Iraq for women who are fleeing sexual violence there, and in Nicaragua **helping to launch a women's rights radio station to support rural women who are often victims of abuse.** In Kenya and Nicaragua, Madre helped communities who have been hard-hit by drought and flooding due to climate change.

Therapy Program for Child Soldiers

Through MADRE, United Methodist Women is proud to support a therapy program for women and girl child soldiers in Colombia. MADRE and partner Taller de Vida launched a brand new art therapy and counseling program for former child soldiers in the hard-hit region of El Choco.

After 50 years of war in Colombia, many young women and girls know no other life than that during wartime. Often, they were uprooted from their homes and exploited as child soldiers. With this therapy program, demobilized youth and survivors of sexual and gender-based violence will receive the care and emotional support they need to rebuild their lives and rejoin their communities. United Methodist Women is supporting the program for two years.

We thank MADRE, and all those whose Mission Giving to United Methodist Women is making this kind of support possible.

From UnitedMethodistWomen.org website.

Frances Ellis, District Treasurer
2933 Fox Mill Road, Oak Hill, VA 20171
fwellis@aol.com
703-476-1127



MADRE
Demanding Rights, Resources, and
Results for Women Worldwide

Check out our website at



www.ArlingtonDistrictUMW.org

Membership Nurture & Outreach

Katy White

In honor of Mother's Day on May 14 and as we look for opportunities to nurture and support the women of our units and our church, I offer us this prayer:

Loving God, we know your love because we have mothers. We thank you for the mothers who carried us in their wombs, nourishing, protecting and bringing us into the world. We thank you for the mothers who did not give birth to us, yet loved us just the same. With gratitude we remember their words of encouragement when we have felt unsure or afraid; we thank you for their kindness when the world has treated us unkindly; we thank you for their soft, comforting arms and the gentle way they kissed away our tears; we thank you that they protected us with the fierceness of a lioness protecting her cubs; we thank you for the times when they corrected us rather than letting us continue down wrong paths. Help us to live so that their investment in us might not be in vain. We honor our mothers with lives of service to you in the name of the Risen Christ, for it is in his Name we pray. Amen.

The Rev. Dr. LaGretta Bjorn Cadwalader-Asbury United Methodist Church, Trenton, New Jersey From Today We Celebrate Our Mothers United Methodist Discipleship Ministries

All the best,
Katy



Spiritual Growth

Marjorie Long-Brown

NOTHING TO WEAR?

Colossians 3:12 “As God’s chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness and patience.”

The women of the Arlington District did not have wardrobe issues as they gathered at the 4H Center in Front Royal on March 10-11th for our annual Spiritual Life Retreat. We did not have to call on **Macy’s or Bloomingdale’s for assistance. We were blessed to have an excellent retreat leader in Pastor Seoungyoung Kim, District Superintendent of the York River District.** She invited us to look into our spiritual wardrobes and make sure that we were displaying the qualities that are pleasing to God. We identified items that need to be discarded (jealousy, spite).

The weather on arrival day was cold, wet and dreary, but we were greeted with a beautiful sunrise, a **testimony to God’s creation. Sometimes we have to be creative in dealing with our wardrobes, and that creativity was called upon for Friday’s dinner. Our cafeteria service was cancelled due to low numbers, but it did not stop us!** Due to the ingenuity of our president, we were treated to a grand pizza feast. Yes, ladies, there is patience in that wardrobe.

As women in mission, let us continue to pray for our missionaries here in this country and around the world as they clothe themselves in love; with our volunteers working with disadvantaged youth as they clothe themselves with patience; with those working with those who are ill as they clothe themselves with compassion. Above all, clothe yourselves with love, which binds everything together in perfect harmony.

Here's hoping that your wardrobe will be pleasing to God.

Yours in Christ,
Marjorie Long-Brown
Spiritual Growth
703-575-8353
marjol@fastmail.fm



Social Action

Lisa George



GREAT NEWS FOR VIRGINIA FAMILIES

From the 2017 Commonwealth of Virginia Legislature Session

Sometimes it is good for bills to fail, especially when they propose reducing benefits for needy families. During the last session, House Bill 2213 - TANF; time limit on receipt of financial assistance, was defeated.

TANF stands for Temporary Assistance for Needy Families, formerly referred to as Welfare. The TANF program goes beyond monthly checks by working closely with the Virginia Initiative for Employment not Welfare (VIEW) program. This program assists with job training and placement.

The current law states that the benefits will be kept at 24 months at one time with a lifetime cap of 60 months, which is a good thing for Virginia families.

If you want to support a bill in the Legislature, this is how it works - calling your local Delegates and Senators, sending e-mails, snail-mail letters, and keeping the pressure on over and over to make sure your Senator or Delegate knows what you want them to do. Call every day. E-mail every day. Make your voice heard. This is how Bills are either passed or defeated. If you support a bill make your voice heard. If you oppose a bill make your voice heard.

The Virginia Interfaith Center for Public Policy, based in Richmond, with a local office in Northern Virginia, has a list of all of the Senators and Delegates from each district. Their website is - <http://www.virginiainterfaithcenter.org/>. There is information on their website about all of the Bills in the Virginia Legislature, as well as suggestions on how best to make your voice heard. If you are interested in the Virginia General Assembly and the work they do, and to track bills, I recommend signing up for their weekly newsletter, available on their website.

All Virginia citizens can make a difference. All Virginia United Methodist Women can make a difference. Use your voice.

If you have any questions, please let me know. If I don't know the answer I will do everything I can to find it.

Lisa George
Arlington District UMW Social Action Coordinator
Lgeorge7@cox.net



Education & Interpretation

Beth Meserve

Greetings Ladies!

Health care for women and children is at the heart of United Methodist Women today, and has been since the **organization was founded in the 1800's. Maternal and Child Health is one of our Mission Focus Areas. We usually think of other countries as lacking in health care resources, but we are now facing a crisis here in the United States. The rate in the U.S. is the highest of all industrialized nations; 3 women die every day in childbirth — 650 women per year. The statistics are even more shocking for poor, low-income and rural women. In fact, the United States is the only developed country in the world where maternal deaths have been increasing in the last few decades, according to the World Health Organization. There is no simple answer as to why this is happening, but Rachel Ward, Managing Director of Research at Amnesty International U.S., says “It’s a combination of factors that speak to the systemic problems of failing to provide affordable, accessible, quality health services to all women in the United States.”**

Access to healthcare can be limited by location of services and the time and money it costs to get care. A Commonwealth Fund 2010 report found that nearly 43 percent of the U.S. women polled went without recommended care or failed to fill prescriptions because of cost. Lack of care before, during and after a pregnancy can put **the mother's life at risk. Lack of care during a pregnancy can also lead to complications that put a mother's life at risk. The postnatal phase, though often neglected, is also a critical time for a woman's maternal health and is when most maternal and infant deaths occur, according to the World Health Organization.**

The increasing maternal mortality in the United States is not just a public health issue; it's a human rights failure. Too many women in the United States face shortages of providers, facilities and inadequate staffing; financial, bureaucratic, transport and language barriers; care that is not culturally appropriate or respectful; a lack of opportunity for informed decision-making and the lack of a system to ensure that all women receive high-quality, evidence-based care.

Communities and nonprofits have been trying to fill the gaps and address this human rights issue. As part of its Global Maternal and Child Health Initiative, United Methodist Women granted more than \$1 million in 2015 to organizations that work to provide better health programs for women and children. About 100 U.S. and international programs have received grants through United Methodist Women giving, which is also providing scholarships to students for medicine, public health, nursing and more.

The webpage <http://www.unitedmethodistwomen.org/maternal-child-health> has more information about the United Methodist Women Global Initiative. Each month, United Methodist Women will feature a story of a **woman's struggle to meet her sexual and reproductive health needs. The story will include recommendations to The United Methodist Church on improving women's health. We encourage all United Methodist Women members to discuss these stories with their local units and churches, and develop a plan to support women's health in their communities.** You can find these stories in the monthly Response magazine, or on the **United Methodist Women's website**; <http://www.unitedmethodistwomen.org/maternal-health-stories>. For more information about the United Methodist Church *Healthy Families, Healthy Planet* initiative, visit www.umchealthyfamilies.org.

God bless you all,
Beth Meserve
beth.meserve@gmail.com

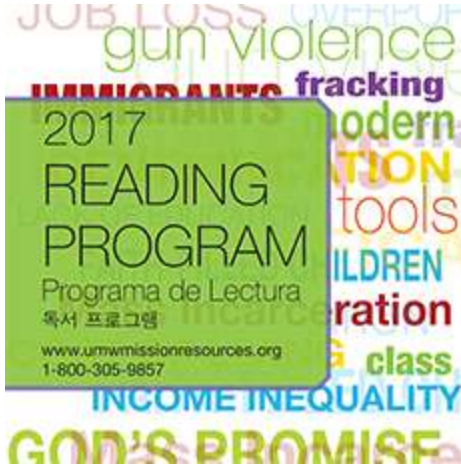


Program Resources

Phyllis Kirkman

Summer Is a Time to Read




by Mary Beth Coudal



Not every book is for everyone, but for everyone, there is a book. Join the United Methodist Women Reading Program and learn about the world. There are four plans to choose from.

Some of the books' themes for 2017 continue to explore global Christianity; what it means to be a leader in mind and spirit; healing yourself and your community; critical issues, such as guns and violence, class and economic injustice, our environment, and race relations; and knowing and understanding yourself as a child of God.

"United Methodist Women members love to read and we want to make it easier than ever to join the Reading Program," said Brenda Thompson, Reading Program team leader. The 2017 reading lists on the web site link to more formats and versions of the titles than in previous years.

Each year we find fewer resources are available in large print; wherever possible we have provided a link to  e-book,  audio CD or  downloadable audio versions of the titles to include the visually impaired in the reading program. Audio books allow the multitaskers among us to read even when our hands aren't free. Choose the format that works best for you; they all count toward the completion of a [reading program plan](#).

Most 2017 titles are available in print from the e-store; others are available in print, Kindle or audio through our Amazon store. When you click links on our Reading Programs list you will find these resources without having to search.

-  [Education for Mission](#)
-  [Leadership Development](#)
-  [Nurturing for Community](#)
-  [Social Action](#)
-  [Spiritual Growth](#)
-  [All 2017 Books](#)

Learn more at www.unitedmethodistwomen.org/readingprogram.

Did You Know?

You don't need to buy a Kindle to read Kindle books! Get a free Kindle app for any device you already own at the Amazon Kindle store.

Phyllis Kirkman
Secretary of Program Resources

Reading
Program



Arlington District United Methodist Women 2017

PURPOSE
of the United
Methodist Women

The organized unit of UNITED METHODIST WOMEN shall be a community of women whose PURPOSE is to know GOD and to experience FREEDOM as whole persons through JESUS CHRIST; to develop a creative, supportive FELLOWSHIP; and to expand CONCEPTS OF MISSION through participation in the global ministries of the church.

Event	Date
Arlington District UMW Spring Prayer Breakfast @Vale UMC	April 22
VA Conference UMW Spiritual Life Retreat @ 4-H Educational Center, Front Royal	April 28-30
Bi-District UMW Day Apart @Friendship UMC	May 20
UMW Day @ Ferrum College	June 3
2nd quarter Treasurer's Report due	June 15
VA Annual Conference @ Hampton	June 16-18
UMW Breakfast @ Conference	June 17
Mission Encounter @ Bon Air UMC, Richmond	July 28-29
3rd quarter Treasurer's Report due	September 15
VA Conference Young Women's Event @ Camp Overlook, Harrisonburg	September 15-16
Arlington District UMW Annual Meeting @ Arlington Temple	September 23
VA Conference UMW 45 th Annual Meeting @ Trinity UMC, Richmond	October 28
Arlington District UMW Mini-Mission Encounter @ tbd	November 11

Arlington District
United Methodist Women Officers for 2017

ELECTED OFFICERS

President

Doris Douglass
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Membership Nurture and Outreach

Katy White
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Vice President

Vacant at this time

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Treasurer

Frances Ellis
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NOMINATIONS COMMITTEE

Vacant at this time

APPOINTED OFFICERS

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For general information about Arlington District UMW, e-mail
arlingtondistrictumw@gmail.com



Arlington District
United Methodist Women
Spring Prayer Breakfast

“COMMUNITY IN MISSION”

SPEAKER: Joanna Dietz – Minister of Mission & Service at Braddock Street UMC, Winchester

Please join us for an exciting day of fellowship, prayer, food, music, and mission as we learn more about reaching out to others in need as a community of women in faith.

APRIL 22, 2017

9:00 a.m. – Noon

Breakfast Provided

Child Care if requested in advance

VALE UNITED METHODIST CHURCH
11528 Vale Rd., Oakton, VA 22124

VIRGINIA CONFERENCE UNITED METHODIST WOMEN

Spiritual Life Retreat

April 28 – 30, 2017



The Spirituality of Relationships

Retreat Leader:
Rev. Dr. J. Denise Honeycutt

Executive Director, Center for Mission Innovations
United Methodist Global Ministries

Northern Virginia 4H Center
Front Royal, VA

Registration form is available on the VAUMW.COM website.

Registration must be received by April 21.

TASTE OF KOREA FOOD & CULTURE FESTIVAL Sponsored by the KUMWGW

Come and sample the homemade Korean Food and experience Korean Culture at the Korean United Methodist Church of Greater Washington on Saturday, April 29, 9:00 am to 2:00 pm at 1219 Swinks Mill Rd, McLean, VA. In addition to an array of popular Korean foods such as Korean barbecue and potstickers, we will have many cultural programs such as Korean dance performances, paper folding, trying on traditional Korean costumes and games for children. Also, there will be a rummage sale and sale of Korean knick-knacks.

For more information, contact Young Lim at kumwgv@gmail.com

Taste of Korea

FOOD & CULTURE FESTIVAL
 April 29, Saturday 9AM - 2PM
 Korean United Methodist Church of GW
 1219 Swinks Mill Rd, McLean, VA 22102
 (703) 448-1131 kumwgv@gmail.com

Authentic Korean Food

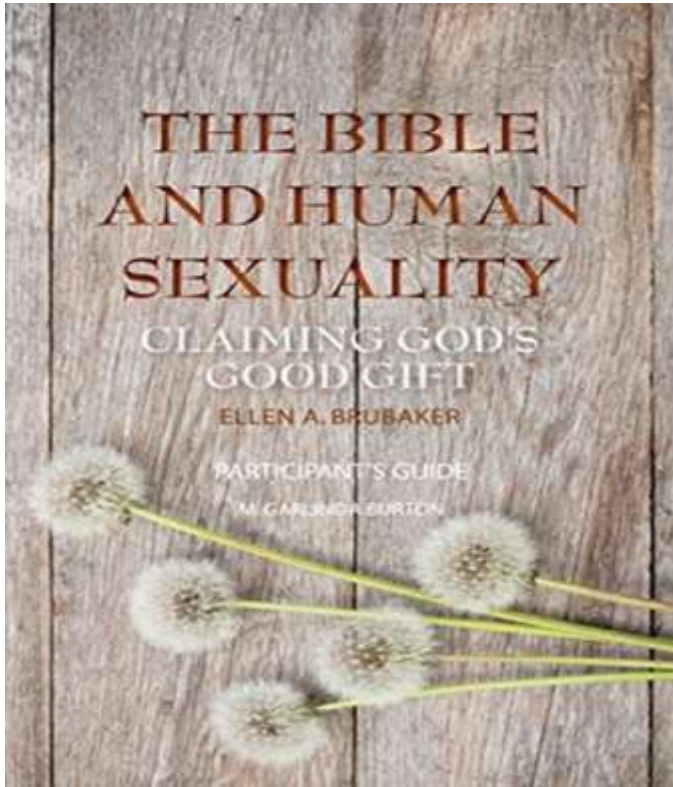
- Menu: Bulgogi, Pork Bulgogi, Potstickers(Mandu), Bibimbap, Japchae, Dukbokki, Kimbab, Kimchi, Korean Pancakes & more
- Organic Grains, Organic Honey, Korean Spices & Sauce

Korean Culture & Games for Kids

Traditional Korean Dance Performance, Korean Calligraphy, Photo Booth with Korean Costumes (Hanbok), Tae Kwon Do demo, Face Painting, Balloon Art

Rummage Sale

Korean Knick-Knacks, Crafts, Household Goods, Shoes, Bags



Arlington & Alexandria
 United Methodist Women
 Bi-District Day Apart
 May 20, 2017

9:00 a.m.- 3:00 p.m.

Friendship UMC
 3517 Gallows Rd., Falls Church, VA

Cost: \$15.00
 Includes Registration and Lunch

Speaker
 Rev. Dr. Rob Vaughn

Explore the Bible and human sexuality as two essential components of our Christian faith. The Bible is part of the foundation of our faith. Human sexuality is part of who we are as human beings, created by God and called good.

Bi-District Day Apart Registration Form

Name: _____ Church: _____

Email: _____ Phone: _____

Special Dietary Requirements: _____

Child Care Needed - Number of children _____ Ages of children: _____

Please return form and check for \$15.00 made out to Arlington District UMW.
 Mail to Frances Ellis, 2933 Fox Mill Rd., Oak Hill, VA 20171-1527
 Deadline to register is May 5, 2017



Ferrum College UMW Day
Saturday, June 3, 2017



Registration and Continental Breakfast - Vaughn Chapel Patio	9:30 am
Music and Gathering – Vaughn Chapel	10:00 am
Program – Vaughn Chapel	10:30 am

“Ferrum Now....and Forever”

Dr. Jody Spooner, 11 th President of Ferrum College	
Lunch – Franklin Hall	12:00 pm

UMW Day at Ferrum College 2017 will be a day to welcome Ferrum College’s 11th President, Dr. Jody Spooner and celebrate the heritage of The United Methodist Women of the Virginia Conference and Ferrum College “Now” and “Forever.”

Music provided by Ferrum College’s Worship Band

After the program we will move to Franklin Hall where we will continue to share and celebrate over lunch. Following lunch everyone is invited to participate in self guided tours of Ferrum College campus.

Come early and enjoy fellowship and continental breakfast on the patio.

\$15 registration covers program and lunch.
Registration deadline—May 13.

Registration form and Lodging form are available on the VAUMW.COM website.



Mission Encounter 2017

8 a.m. Friday, July 28 to 5 p.m. Saturday, July 29, 2017

Bon Air United Methodist Church

1645 Buford Rd., North Chesterfield, VA 23235

The classes this year are:

- Climate Justice
- Living as a Covenant Community
- The Missionary Conferences of the UMC in the US (Red Bird, Oklahoma & Alaska)
- Joined and Held Together: A Children's Study on Missionary Conferences

Go to VAUMC.ORG and click on MINISTRIES, Center For Justice & Missional Excellence, Mission Encounter to download an informational brochure that includes mail-in registration.

Contact Gail Sutcliffe, Dean, with questions at 703-490-3381

THE BEST KEPT SECRET IN THE VIRGINIA CONFERENCE! **That's how this event has been described!** Although its history began over 70 years ago by the then named Women's Society of Christian Service, and known as the School of Christian Mission for most of that history, the newly named Mission Encounter is a cooperative event sponsored by the Virginia Conference Missional Ministries Board (formerly the Board of Global Ministry) and the Virginia Conference United Methodist Women. This event offers a wonderful opportunity for your **WHOLE CONGREGATION** to come alive to mission, by participating in an exciting weekend mission education experience.

If you have every wondered not just how we DO mission, where we are in mission, and most importantly why we are called to LIVE out missional lives as disciples of Jesus Christ, this is the event to attend!

There are classes for adults where MEN, WOMEN, CLERGY AND LAITY alike come to learn and be involved in mission groups by choosing one class out of three choices- a spiritual growth study, geographical study, or social issue.

Each study helps us to understand God's work in our world, and how we are involved as United Methodists. The whole event is designed to challenge us to be in mission as individuals in our personal life and in the life of our local churches. Meeting others involved in mission and sharing ideas and mission stories as well as meeting missionaries are highlights of the event.

Participants are encouraged to share their new knowledge with their local church congregations.